

Harm Reduction Healing

was created to address the need for a safe space for people impacted by substance-related deaths to heal together. Our team includes folks who have experienced a combination of personal and professional losses. Our offerings to our community are the lessons and skills we've developed from our healing journeys. It is our hope to help others build skills and strength to live through the unrelenting loss and grief in the wake of the war on people who use drugs.

" WE WILL HEAL TOGETHER "

Current groups

Working with Grief

Sundays 6-8pm over zoom

A grief sharing circle for those impacted by substance-related losses and death in their professional lives.

Living with Grief

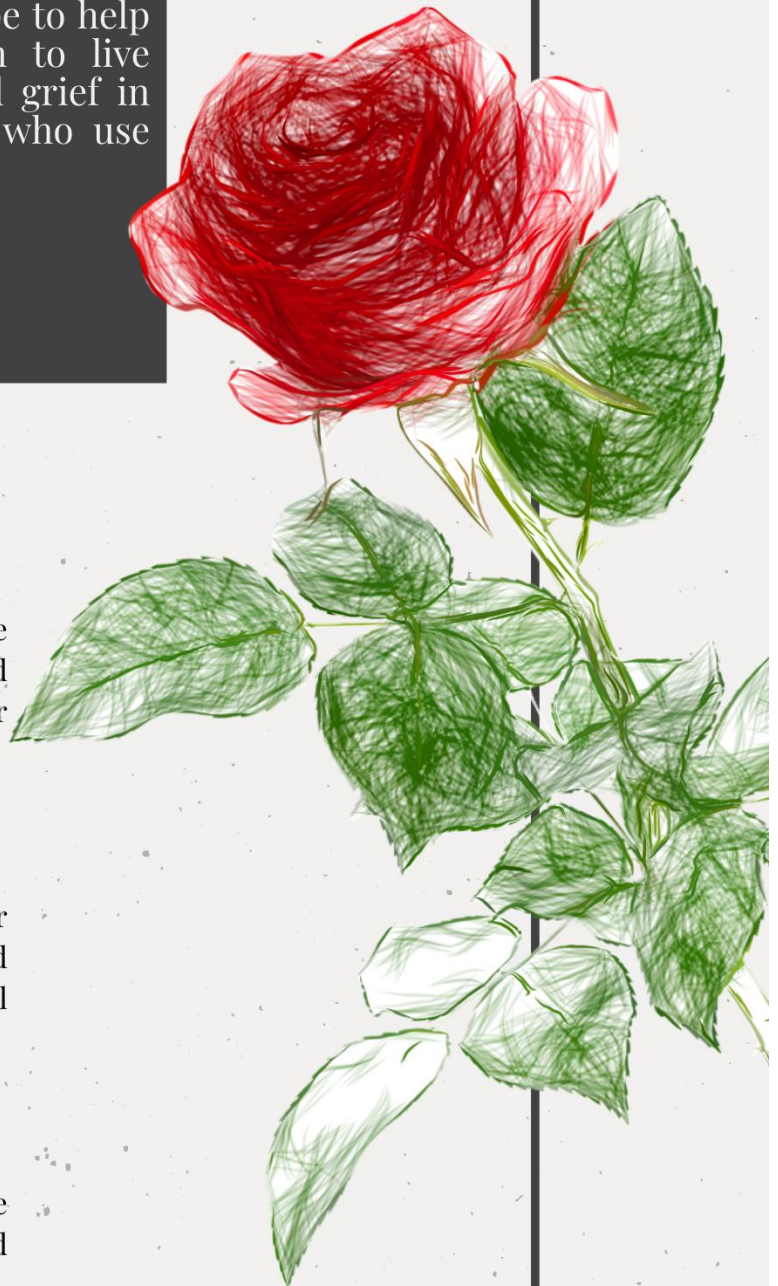
Mondays 6-8 over zoom

A drop-in grief sharing circle for those impacted by substance-related losses and death in their personal lives.

Harm Reduction Writers Collective

Thursdays 6-8 over zoom

A creative writing space for those impacted by substance use related losses and death.



Contact us via email: harmreductionhealing@breakawaycs.ca
Facebook page: facebook.com/groups/harmreductionhealing

